MEETING THE SEXUAL AND REPRODUCTIVE HEALTH NEEDS OF ADOLESCENTS AND YOUTH

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WHY ADOLESCENTS AND YOUTH?

- Context—Ethiopia
- Why adolescents and youth?
- Program approaches
- Program achievements
- Challenges
- Lessons learned
- The way forward
BACKGROUND: ETHIOPIA

- Total population: 85 million
- Rural population: 83%
- Population under 15: 44%
- Population 10-24: 33%
- Unmet need: 25% (34% in 2005)
- Contraceptive Prevalence Rate: 28.7% (27.3% modern methods)
TEENAGE PREGNANCY AND MOTHERHOOD (DHS 2011)

Adolescent Child Bearing

HEALTH
High Infant and Child Mortality
Maternal Mortality

SOCIAL
School Attrition
Unemployment
Poverty

DEMOGRAPHIC
Large Family Size

WWW.PATHFINDER.ORG
MODERN CONTRACEPTIVE USE IN ETHIOPIA (DHS 2011)
UNMET NEED FOR FAMILY PLANNING IN ETHIOPIA (DHS 2000-2011)
The story of Almaz
PROGRAM APPROACH

• **Integrated Family Health Program (IFHP):** July 2008 – December 2013

• **Goal:** To reduce maternal, neonatal, and child mortality through reduction in fertility and improvement in MNCH outcomes

• **Key Support Areas**
  – HH and Community
  – Health Facility Services Provision
  – System Strengthening
  – Program Learning

• **Geographic Coverage**
  – 6 regions
  – 301 woredas/districts (35 million people)
IFHP AYSRH APPROACH

- Peer education
- Support to in- and out-of-school youth clubs
- Youth-friendly services at public sector facilities
- Working with higher learning institutions
- Support to the Health Extension Program
Scale up of youth-friendly services
SCALING-UP YOUTH-FRIENDLY SERVICES
NUMBER OF ADOLESCENTS AND YOUTH WHO RECEIVED SRH INFORMATION AT YFS SITES

<table>
<thead>
<tr>
<th>Year</th>
<th>Female</th>
<th>Male</th>
</tr>
</thead>
<tbody>
<tr>
<td>2009-2010</td>
<td>900,000</td>
<td>100,000</td>
</tr>
<tr>
<td>2010-2011</td>
<td>800,000</td>
<td>200,000</td>
</tr>
<tr>
<td>2011-2012</td>
<td>700,000</td>
<td>300,000</td>
</tr>
<tr>
<td>2012-2013</td>
<td>800,000</td>
<td>400,000</td>
</tr>
</tbody>
</table>
SRH SERVICES AT YFS SITES

VISITS BY ADOLESCENTS AND YOUTH FOR SRH SERVICES AT YFS SITES

SRH Services offered at YFS:
- Puberty and nutrition counseling
- Contraceptive counseling and method provision
- Pregnancy testing
- ANC, referral for delivery and PMTCT, PNC
- HIV counseling and testing
- Provision or referral for ARV
- SGBV counseling, treatment, and referral
- Syndromic management of STIs
- Postabortion care
<table>
<thead>
<tr>
<th>Age in Years</th>
<th>ImplanonAcceptors Pathfinder Study (%) (n=5,777)</th>
<th>Other Method Acceptors (%) (n=225)</th>
<th>Implant users DHS 2011 – rural only (%) (n=186)</th>
</tr>
</thead>
<tbody>
<tr>
<td>15-19</td>
<td>4.9</td>
<td>10.2</td>
<td>5.4</td>
</tr>
<tr>
<td>20-24</td>
<td>20.1</td>
<td>29.3</td>
<td>7.5</td>
</tr>
<tr>
<td>25-29</td>
<td>31.7</td>
<td>28.0</td>
<td>25.8</td>
</tr>
<tr>
<td>30-34</td>
<td>23.7</td>
<td>13.3</td>
<td>18.3</td>
</tr>
<tr>
<td>35-39</td>
<td>14.3</td>
<td>13.3</td>
<td>20.4</td>
</tr>
<tr>
<td>40-44</td>
<td>4.2</td>
<td>5.3</td>
<td>16.7</td>
</tr>
<tr>
<td>45-49</td>
<td>1.1</td>
<td>0.4</td>
<td>5.9</td>
</tr>
<tr>
<td>Mean Age (SD)</td>
<td>28.3 (6.0)</td>
<td>26.8 (6.6)</td>
<td>32.7 (7.8)</td>
</tr>
</tbody>
</table>

# Age distribution of clients who selected LAFP methods during a three-month period in 48 health centers (2013)

<table>
<thead>
<tr>
<th>Age Category</th>
<th>IUCD (%) (n=424)</th>
<th>Implanon (%) (n=1003)</th>
<th>Jadelle (%) (n=188)</th>
<th>LAFP Total (%) (n=1613)</th>
</tr>
</thead>
<tbody>
<tr>
<td>15-24</td>
<td>18.2</td>
<td>46.4</td>
<td>47.3</td>
<td>39.2</td>
</tr>
<tr>
<td>25-34</td>
<td>50.5</td>
<td>40.4</td>
<td>34.6</td>
<td>42.4</td>
</tr>
<tr>
<td>35-44</td>
<td>30.2</td>
<td>12.3</td>
<td>14.9</td>
<td>17.3</td>
</tr>
<tr>
<td>45+</td>
<td>1.1</td>
<td>0.8</td>
<td>2.1</td>
<td>1.1</td>
</tr>
<tr>
<td>Total</td>
<td>100</td>
<td>100</td>
<td>100</td>
<td>100</td>
</tr>
</tbody>
</table>
CHALLENGES

• Limited YFS service outlets at public facilities (scale up)
• Provider’s attitudes
• Program ownership by the public sector/budget allocation
• The need for pre-service training
• Age and sex disaggregated HMIS
LESSONS LEARNED

• Huge demand for LAFP methods
• Involvement of decision-makers paves the way for sustainability
• Expansion of YFS through public sector resources
• Use of peer-peer education to reach the most vulnerable adolescent and youth groups
THE WAY FORWARD

• Strengthen and consolidate existing AYSRH services in 160 facilities
• Scale-up YFS at least in each woreda/district
• Document lessons learned and promising practices
Thank You!

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