

# Strengthening Health Systems: the Role of Maternal Health Indicators

Woodrow Wilson International Center
Global Health Initiative
8 March 2010

Helen de Pinho MBBCh, MBA, FCCH

With acknowledgements to

Patsy Bailey, Samantha Lobis, Lynn Freedman





# WHO World Health report 2008 describe current health systems as providing



**Health services** 

Workforce

Information for decision making

**Essential drug supply and logistics** 

Financing and resource allocation

Leadership and governance

WHO
Framework
for
Strengthening
Health
Systems

Source: WHO. (2000).



### What we already know:

Approximately 15% of pregnant women develop complications

- Most maternal deaths are caused by direct obstetric complications that can be treated
- Many direct obstetric complications cannot be predicted or prevented

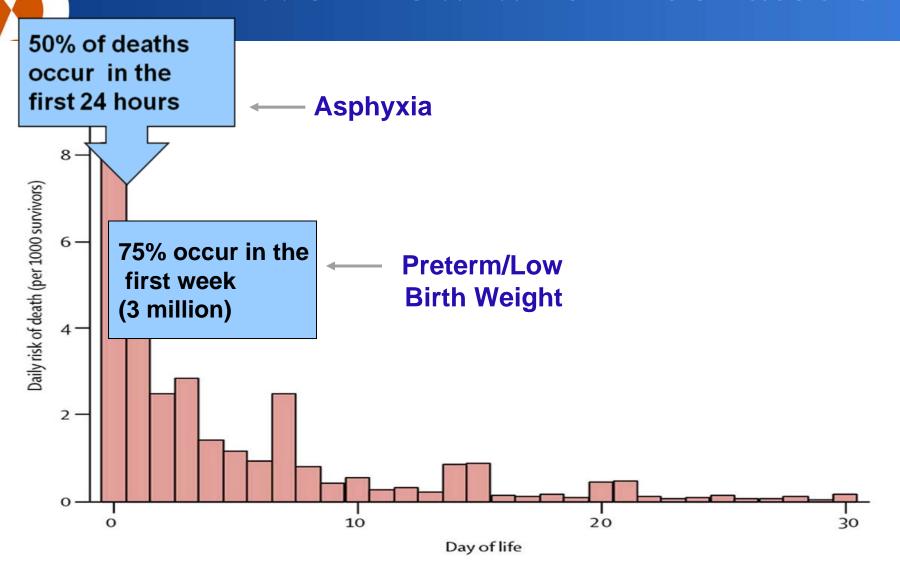


# We know when maternal deaths occur

### Time Between the Beginning of a Complication and Death

<b>Complication</b>	Hours	Days
Hemorrhage		
Postpartum	2	
Antepartum	12	
Ruptured uterus		1
Eclampsia		2
Obstructed labor		3
Infection		6

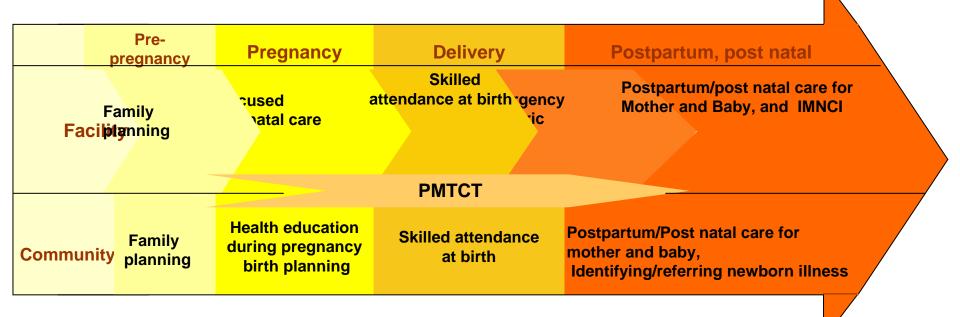
### We know when neonates die



Source: Lawn JE et al. (2005).



# We recognize the Maternal and Newborn Care Continuum





# Consensus for Maternal, Newborn and Child Health - requires

- Political leadership and community engagement and mobilization
- Effective health systems that deliver a package of high quality interventions
- Removing barriers to access, with services for services women and children being free at the point of use
- Skilled and motivated health workers
- Accountability at all levels



# Consensus for Maternal, Newborn and Child Health will:

- Save lives of 1 million women from pregnancy and childbirth complications
- Save Lives of 4.5million newborns
- Prevent 1.5million stillbirths
- Significant decrease in total number of unwanted pregnancies an half of the unsafe abortions
- Significant decrease in current unmet need for FP services



# Can the EmOC Indicators assess health systems strengthening?

#### **Availability**

- Are there enough facilities providing EmOC?
- Are they well distributed?

#### **Utilization**

- Are enough women using these facilities?
- Are women with obstetric complications using these facilities?
- Are sufficient critical services being provided?

#### **Quality of Care**

Is the quality of the services adequate?

What services needed in addition to EmOC?



# How and when are the EmOC indicators measured?

- Nationally, integrated into HMIS
- Project monitoring
- Needs assessments for EmONC
  - facility-based surveys of hospitals and health centers



### Availability



### **EmOC Indicators**

### Availability: Are there enough facilities providing EmOC?

Indicator (1)

Minimum acceptable level

Number of EmOC facilities:

— Basic

— Comprehensive

For every 500,000 population

 5 EmOC facilities where at least 1 is Comprehensive



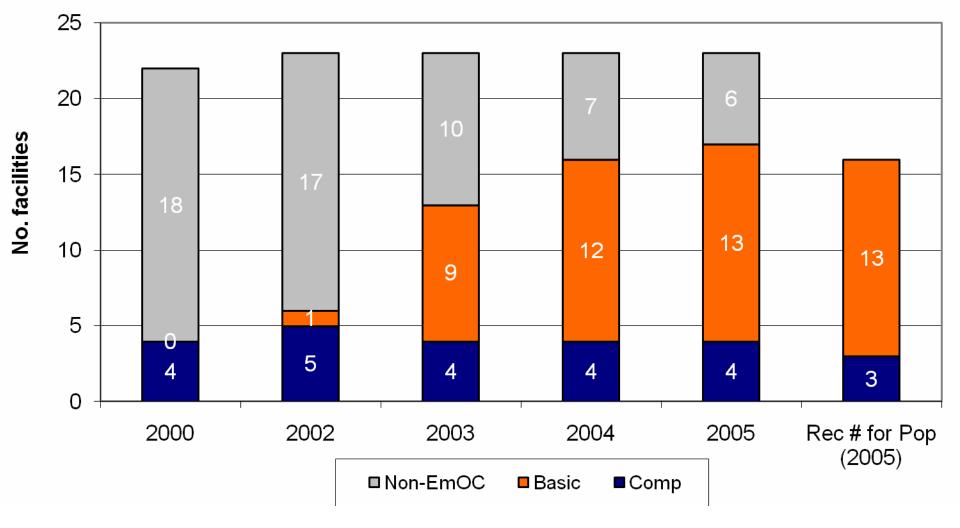
### EmOC Signal functions

- Parenteral antibiotics
- 2. Uterotonic drugs
- 3. Parenteral anticonvulsants
- 4. Manual removal of placenta
- 5. Removal of retained products
- 6. Assisted vaginal delivery
- 7. Neonatal resuscitation
- 8. Cesarean delivery
- 9. Blood transfusion

Basic EmOC Comprehensive



### Sofala, Mozambique Amount of EmOC



Santos et al. Improving emergency obstetric care in Mozambique: The story of Sofala. IJGO, 2006: 190-201.



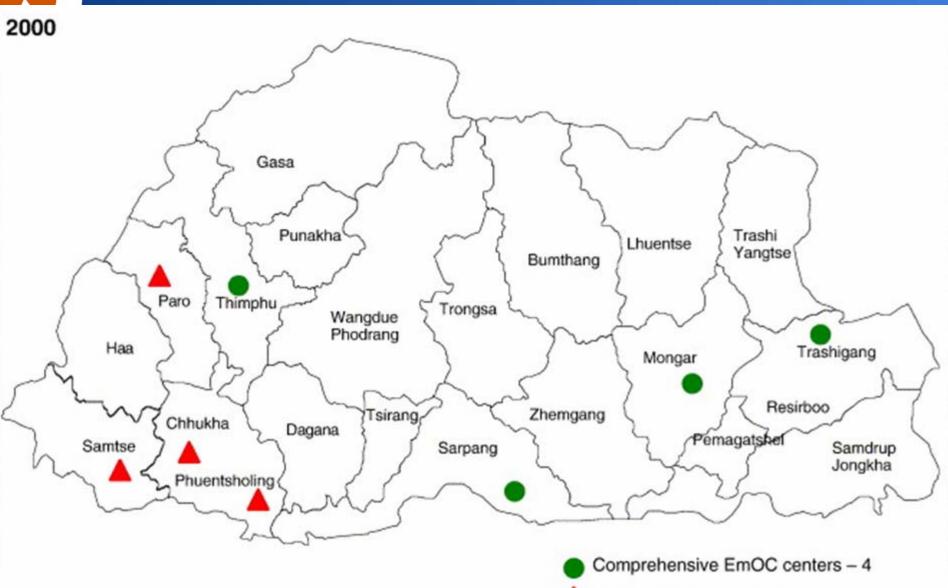
### **EmOC Indicators**

### **Availability: Are facilities well distributed?**

Indicator (2)	Minimum acceptable level
Geographic distribution	Minimum level is met in sub-national areas



### Bhutan: Functioning EmOC Facilities March 2000



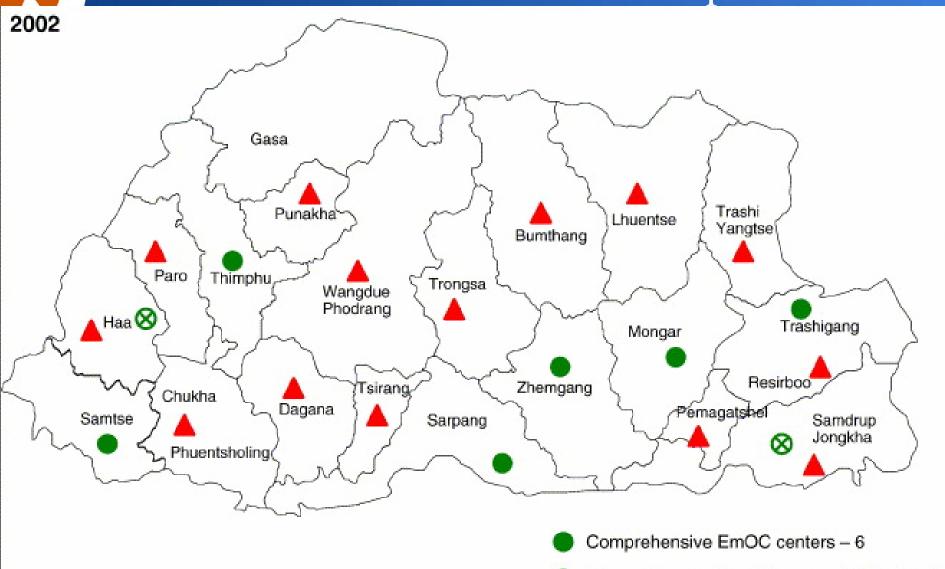
Paxton et al The United Nations Process Indicators for emergency obstetric care: Reflections based on a decade of experience 2006

# Ş

### Bhutan: Functioning EmOC Facilities September 2002

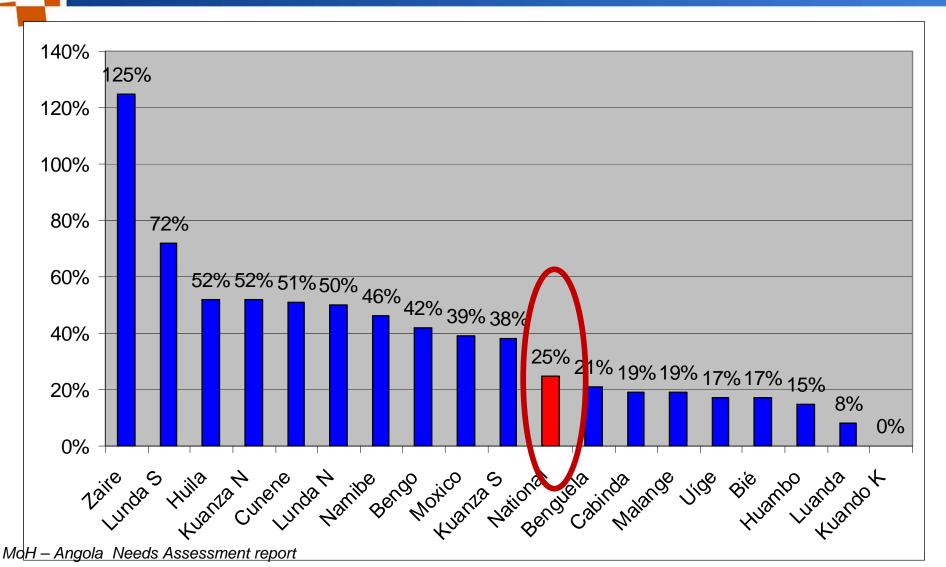
Comprehensive EmOC centers (Military) - 2

Basic EmOC centers - 14





## Fulfillment of Recommended Minimum Number of EmOC Facilities, Angola 2007





### Utilization



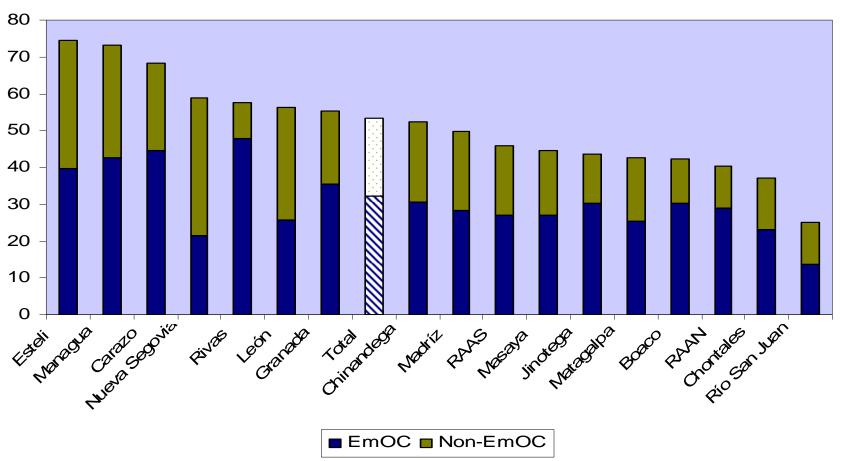
### **EmOC Indicators**

### Utilization: Are women using these facilities?

Indicator (3)	Minimum acceptable level
Percentage of births in facilities	Countries should set their own acceptable level



# Proportion of births in EmOC facilities and all facilities, Nicaragua, 2006





### **EmOC Indicators**

### Utilization: Are women with obstetric complications using these facilities?

#### Indicator (4)

#### Minimum acceptable level

#### **Met need for EmOC**

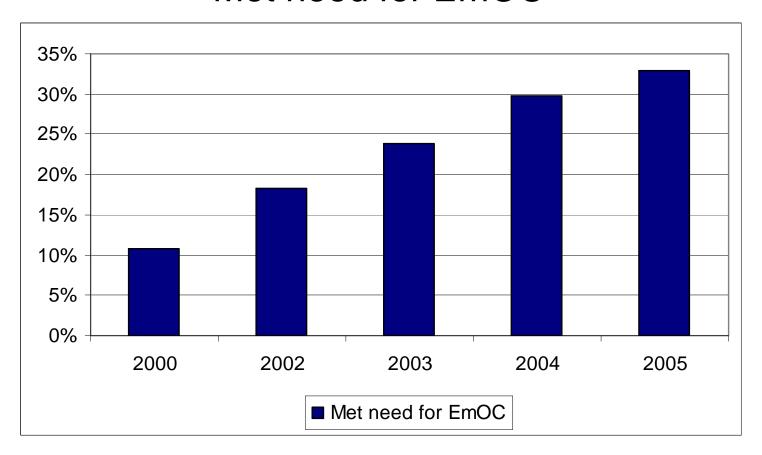
% of women with complications treated in facilities (15% of <u>all births</u> expected to have complications)

At least 100% of women with obstetric complications treated in facilities



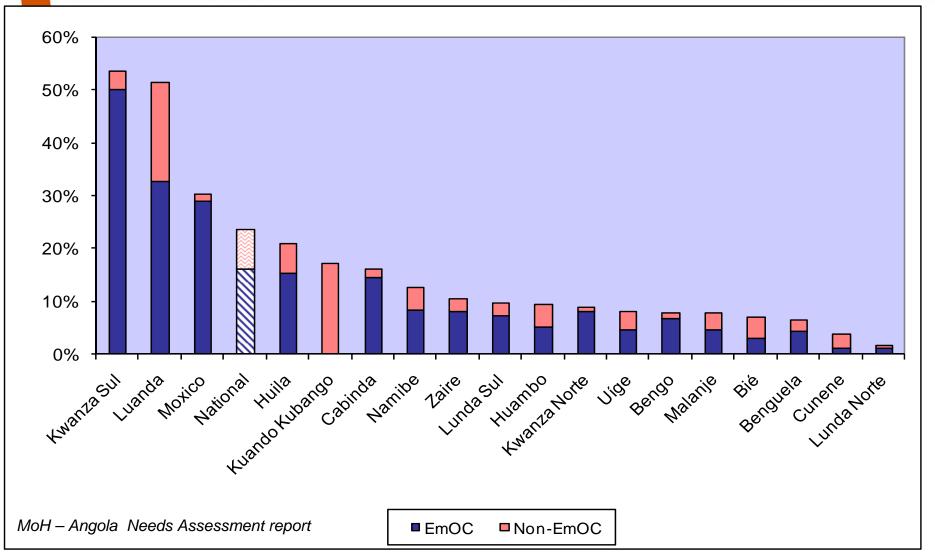
# Experience from the field: Sofala, Mozambique

#### Met need for EmOC





# Met Need for EmOC in EmOC facilities and all facilities Angola





### **EmONC Indicators**

#### **Utilization**

Are sufficient critical services being provided?

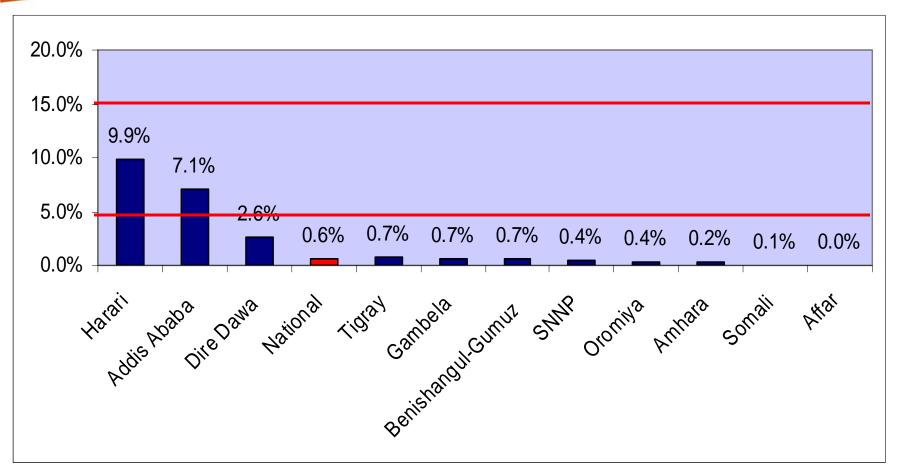
Indicator (5)	Acceptable levels
Cesarean section rate	Not less than 5% and not more than 15%, as a proportion of <u>all births</u> in the population

Caesarean sections performed in EmOC Facilities total expected live births in area

Calculation =



# Population-based C/S rate by region





### Quality of Care



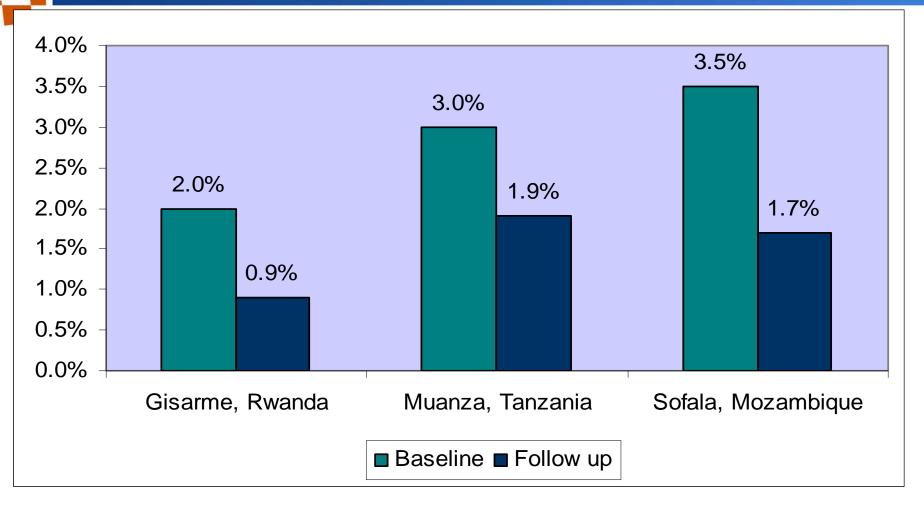
### **EmOC Indicators**

### Quality of care: Is the quality of the services adequate?

Indicator (6)	Acceptable level
Direct obstetric case fatality rate (DOCFR)	Less than 1%



# Direct Obstetric Case Fatality Rates





### **EmOC Indicators**

Quality of care: Is the quality of the services adequate?

Indicator (7)	Acceptable level
Intrapartum and very early neonatal death rate	To be determined



# Intrapartum & very early neonatal death rate

Country	Intrapartum + very early neonatal deaths	Women who delivered	Intrapartum & very early neonatal death rate
Cusco, Peru 2004	164	19,191	0.85%
S E Asian country 2008*	625	83,708	0.75%

<sup>\*283</sup> intrapartum stillbirths excluded due to unspecified BWT



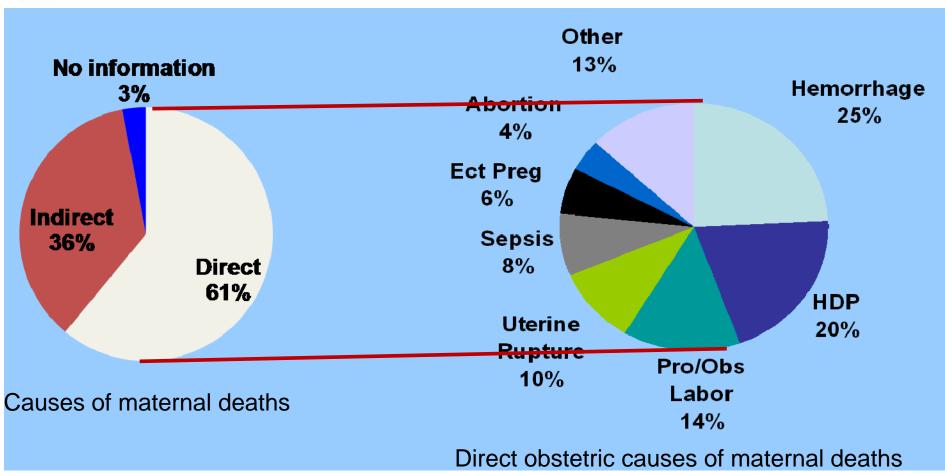
### **EmOC Indicators**

#### What services are needed in addition to EmOC?

Indicator (8)	Acceptable level
Proportion of maternal deaths due to indirect causes	No set acceptable level



# Proportion of maternal deaths due to direct and indirect causes, Angola 2007



Source: MOH, UNICEF, UNFPA, WHO. (2007). Preliminary Results.



### Assessing Outcomes

- Near Miss Severe Acute Maternal Morbidity
- Fresh Stillbirths
- Maternal Death Reviews and Audits
- Confidential Enquiries



### How have the indicator data been used?

### Policy

- Human Resource Policies
- •Clinical Management & Training Policies

### Programming

- National strategy and planning
- •Improving the availability, accessibility, utilization and quality of EmONC

### Monitoring & evaluation

- •EmOC Indicators integrated into HMIS in > 7 countries
- Several countries have done more than 1 needs assessment
- Results useful for monitoring MDG 5

# How can the EmOC Indicators measure the WHO Health System Strengthening building blocks?

**Health services** 

Are enough facilities providing EmONC services?

Workforce

Do facilities have adequate numbers of health workers with the right mix of life-saving skills?

Information for decision making

Does HMIS capture key information for monitoring utilization of EmONC?

**Essential drug supply and logistics** 

Are essential drugs in stock and equipment functional?

Financing and resource allocation

Is the distribution of resources across facilities equitable?

**Leadership and governance** 

Are policies, protocols, and good practices being implemented?

Slide source: P Bailey

