# Population, Health and Environment: Exploring the Connections



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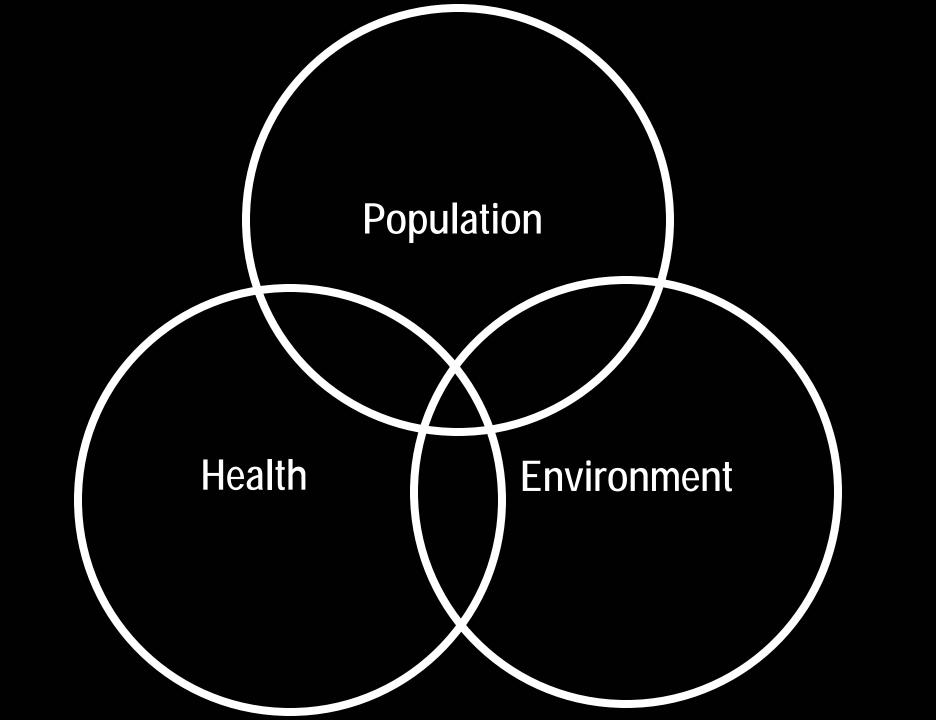
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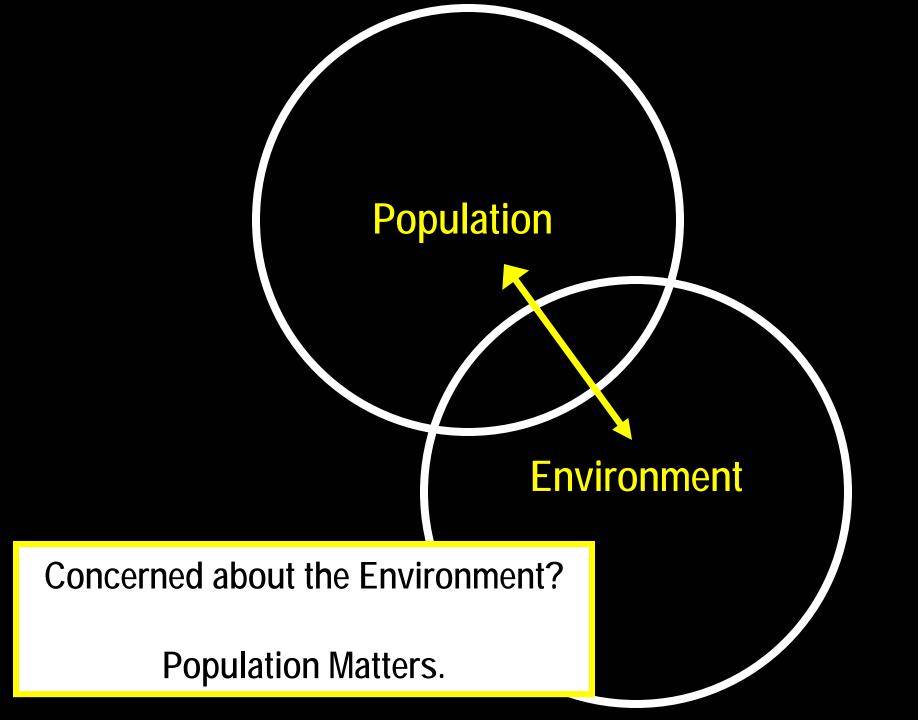
- Conceptual Framework
- Illustration
- Rationale
- Foundations
- Conclusions



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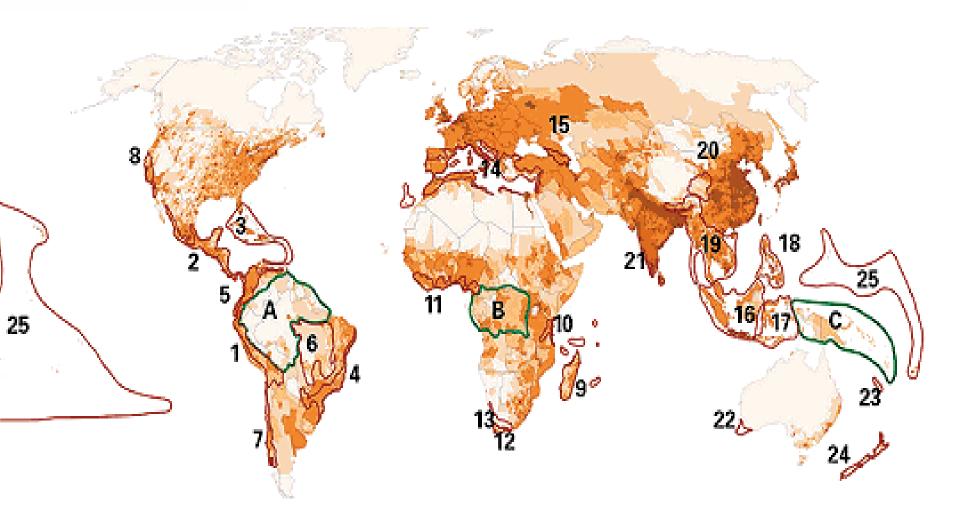






# Population Density (people per square km.) More than 300 150-300 50-150 15-50 5-15 1-5

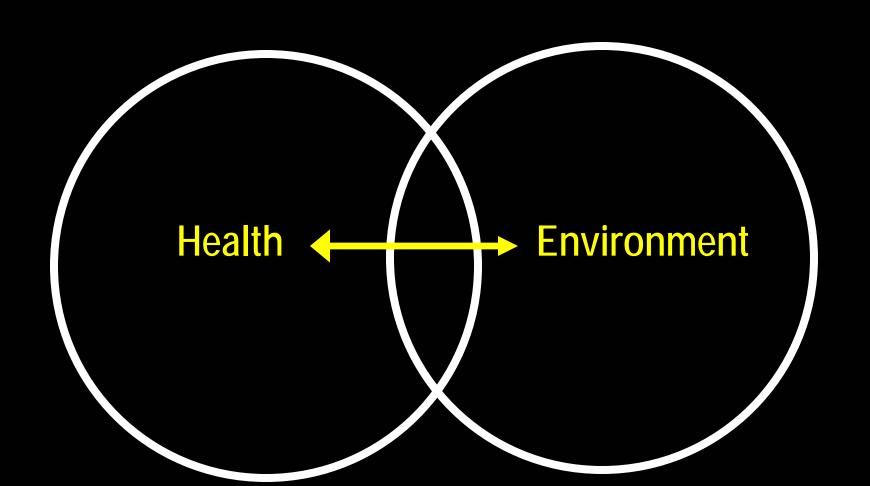
### Over 1 billion live in ecological hotspots.



Source: Conservation International, Biodiverisity Hotspots

Concerned about Health?

**Environment matters.** 

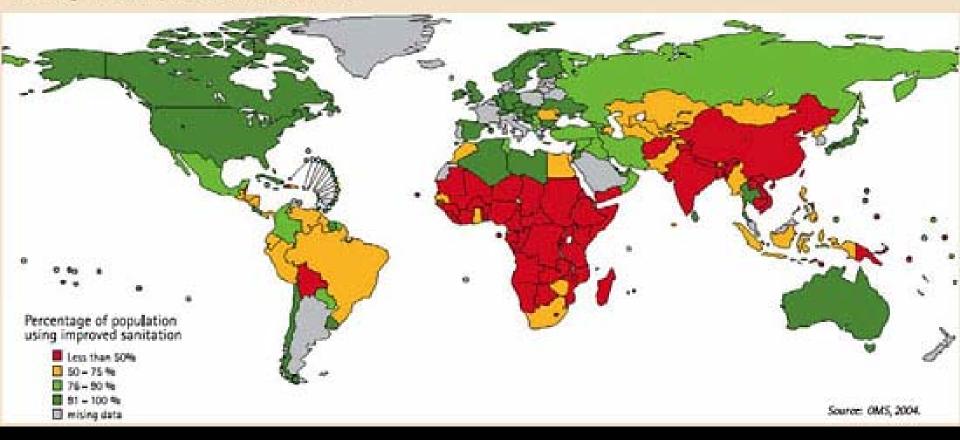


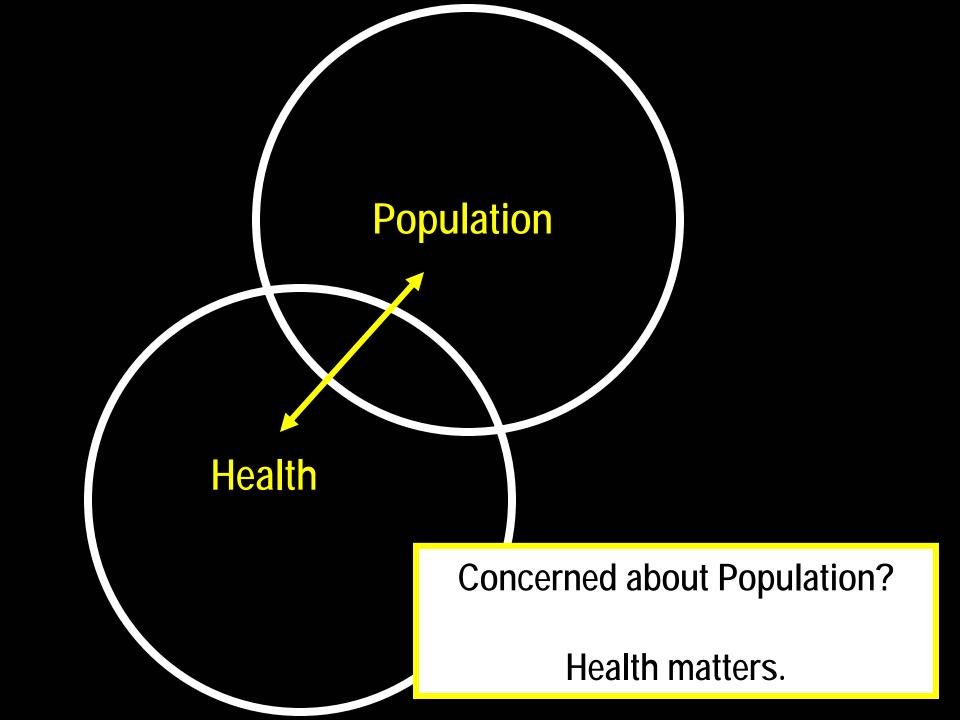
### **Environmental Health**

Clean water



#### Coverage with improved sanitation, 2002







### Population-Health Linkages

- Health care access shapes life expectancy and quality-of-life
- Access often constrained;
  - Including reproductive health services

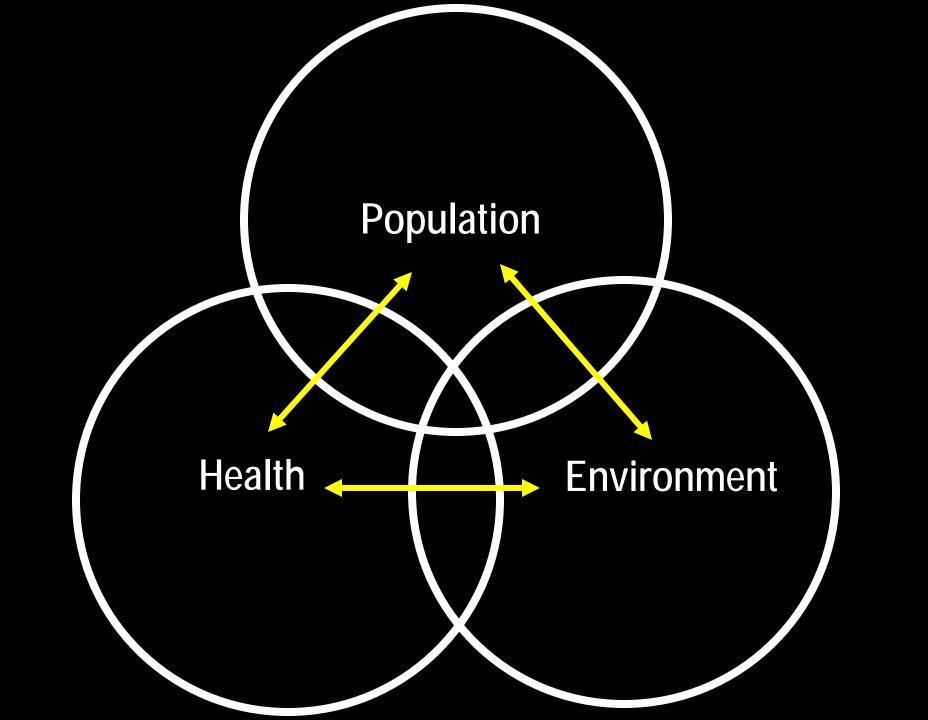
#### Contraceptive prevalence rising in all regions Married women using contraception (%) Sub-Saharan Africa South Asia East Asia and the Pacific Latin America and the Middle East and North Africa Europe and Central Asia Caribbean

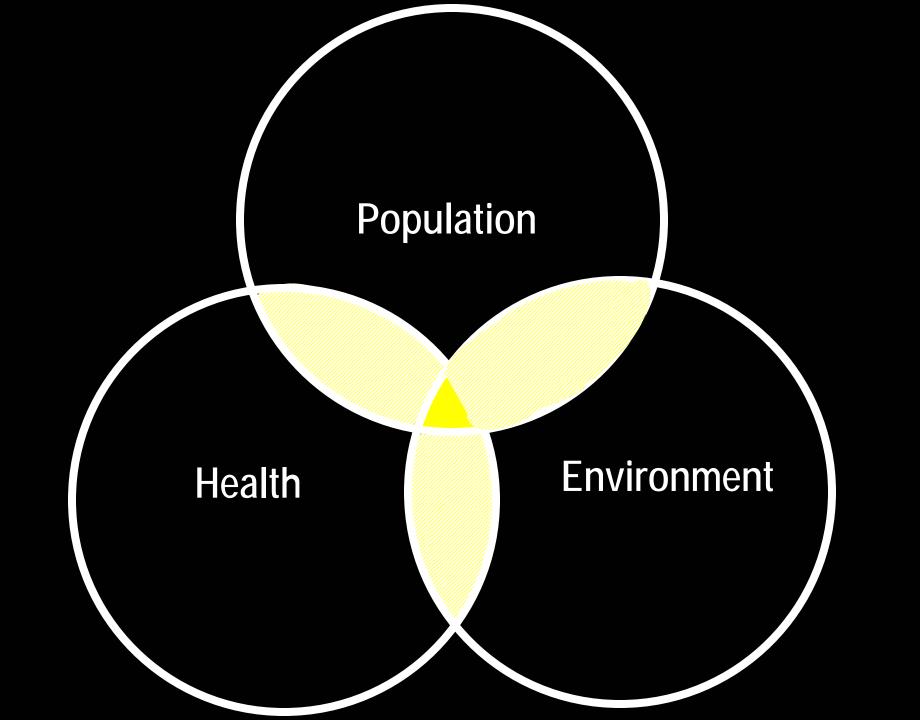
~70% in high-income settings

### Reproductive Health: Research Reveals Benefits of Choice

- improved maternal and infant health;
- expanded opportunities for women's education, employment and social participation.









### Conceptual Framework

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Illustration: PHE in the Philippines

### **Population**

2.36% growth rate – doubling by 2040

### Health

High rates of malnutrition Islands with access issues

### **Environment**

High diversity and endemism



### "Successful Communities Ridge to Reef" Roxas, Philippines







WWF, USAID

"Successful Communities Ridge to Reef"

Roxas, Philippines

### Project components:

- Reproductive Health
  - Family Planning Action Sessions
  - Community-Based Distributors



### "Successful Communities Ridge to Reef" Roxas, Philippines

- Project components:
  - Marine Protection
    - Ecological Assessments
    - Protected Areas





### Other PHE Components



- Micro-credit
  - To facilitate alternative livelihood endeavors
- Advocacy
  - Using media to increase public and policymakers' awareness
- Capacity Building
  - Increase collaboration to enhance local leadership capacity
- Research
  - Promote research around key PHE interactions such as food security and environment health

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### **PHE Rationale**

"Add value" in several ways:

- Address multiple needs
- Gain efficiencies in delivery

# "Added value" for Reproductive Health Efforts

- "Open door"
  - To men
  - To youth



# "Added value" for conservation efforts



- Women manage childbearing timing,
   may be better able to manage natural
   resources -- empowerment
- Healthy families may have longer-term vision
- Population pressures reduced

### **PHE Rationale**

- "It's the right thing to do"
  - Often reaching underserved, most marginalized, remote communities



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### The Foundations of PHE















- History of variety of integrated programs;
- PHE roots in Integrated Conservation and Development Programs, mid-80s;
  - Link alternative livelihoods and conservation
- Evolved in various ways across contexts.

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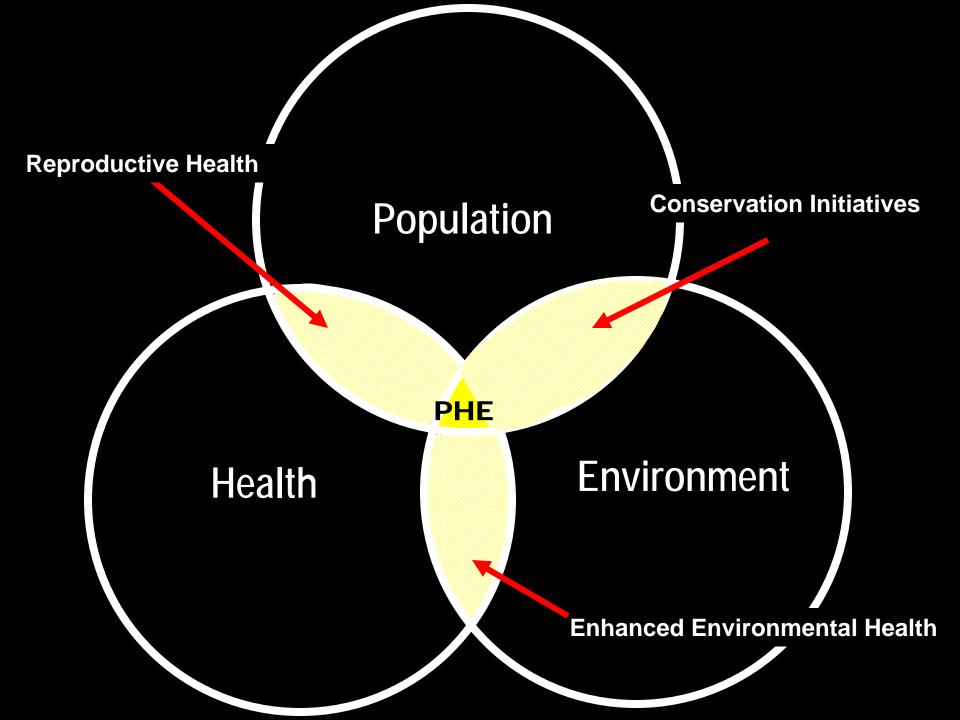
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### Conclusions

Community based, integrated programs





### Conclusions

- Community based, integrated programs
- Aim to "add value" to single sector efforts
- Can include advocacy, capacity building, research
- Lessons to be learned from past integration efforts

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http://www.ehproject.org/phe/phe.html



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