#### Empowering the Youth as Change Agents for Responsible Sexuality, HIV/AIDS/STI Prevention and Environmental Conservation













University of Rhode Island

# PATH Foundation Philippines Inc (PFPI)

- Non-stock, non-profit corporation
- SEC registered (1992)
- 501c3 status (2002)
- Technical assistance and executing agency



# **Republic of the Philippines**



#### Country Facts

- 7,100 islands
- 94 million people (2012)
- Rapid growth rate (1.9% 2010)
- High population momentum (35%)
- Increasing poverty incidence = 45% live below U\$2
- Majority of Filipinos reside in coastal zone (62%)
- Fishing dependent

# **Youth Population Dynamics**



- High population momentum (35%)
- Adolescents 10-19 make up 22% of the overall population
- High fertility/teen pregnancy
- High need for FP (37%)
- 10% of 15-19 y/o women begun childbearing

### **Issues of Young People**

- School drop out
- Unemployment /underemployment
- Lack of access to FP/RH information and services



## Youth Empower Project

 Targets young people 15-24 y/o to plan and implement integrated PHE approaches that promote self-help, improve quality of life and enhance the sustainability of coastal/marine resources in high biodiversity areas



 Empower the youth to take responsibility of their future by conserving natural resources and by acting responsibly in terms of their sexual and reproductive health behaviours

## **Program Objectives**

- Increase youth awareness on PHE dynamics
- Increase awareness and support among LGUs for youth focused PHE approaches that empower young people with the know-how to contribute to sustainable development effort
- Develop and identify youth friendly PHE models
- Improve youth economic efficiencies through environmentally friendly livelihood/enterprise development opportunities ( and skills) that are appropriate and appealing to youth

#### **Youth Mobilization**





"Every teen has a dream but those who guard their sexuality and the environment have a brighter future"

#### Youth Participation in Local Governance









## Environment-friendly enterprises









## **Key Results**



- Trained 232 youth (aged 18-24 years) to serve as volunteer youth peer educators (YPE)
- Enhanced capacity of the youth in developing site-specific work plans promoting youth understanding and participation in local governance.
- 78 youths were trained on environment friendly enterprise development (EED) activities

#### Best Practices and Lessons Learned

 Encouraging youth to become "stewards of their sexuality and the environment" is an alternative approach to abstinence promotion that appeals to youth in coastal communities

 Peer education approach affects desired changes in youth's attitudes and practices regarding premarital sex and stewardship of their sexuality and the coastal environment.

#### Best Practices and Lessons Learned

 Engage parents of YPEs in the project effort. The support of parents is key to securing youth involvement and sustaining YPE volunteerism. Youth gain confidence in their ability to become a leader and agent of change because of the goodwill and affirmation of their parents.



#### Conclusion

- Exposing young people to information about PHE and food security dynamics and issues can be a powerful tool to stir their interest and commitment to care for the environment and become sexually responsible individuals.
- Providing livelihood skills training and opportunities to initiate environment-friendly micro-enterprises helped to reinforce their commitment to conservation work while enabling the youth to become economically productive members of society.

# **Thank You!**



# For more information www.pfpi.org