The Other Half of Gender: Working with boys and men for gender equality

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Outline

• The importance of working with men and boys

• Programmatic examples, issues, and challenges

• The evidence-base of programs working with men and boys
Wide recognition of the need to work with men to achieve gender equality

- ICPD Platform of Action (1994)
- Fourth World Conference on Women (1995)
- Special Session of the General Assembly on HIV/AIDS (2001)
- 2004 Commission on the Status of Women
Focusing on the socialization of boys and men

- Increasing awareness that gender role socialization puts men and their partners at risk of negative health outcomes

- Understanding that it is possible to question this socialization
“Act Like a Man”

- Don’t cry
- Be strong
- Don’t ask for help
- Have many sexual partners
- Take risks
- Use alcohol and drugs
- Violence is an acceptable way to solve conflict
- Don’t act like a woman / don’t be gay
Social exclusion, poverty, demographic pressures, migration

Age hierarchies

Social norms re roles and status of women and girls

Militarization, conflict, war, ethnic tensions

Masculinities

Fundamentalism

Social exclusion, poverty, demographic pressures, migration

Weakness / Strength of the State and Civil Society Organizations
Traditional Views of Manhood as a Risk Factor

In numerous sample survey studies, gender-related attitudes correlated with men’s and boys’ …

- Self-reported physical violence toward female partners
- Self-reported acts of delinquency
- Number of sexual partners
- Rates of self-reported STI symptoms
- Condom use
- Substance/alcohol use
How can health programs address gender issues with men?
“Transformative Programs” – Challenging Male Gender Norms

- Approaches that reinforce negative messages about gender
- Gender-neutral programming
- Gender-sensitive programming
- Transformative programs

Adapted from - Gupta, SIECUS Report, Vol. 26, No. 5, 2001
Areas of Emphasis for Transformative Programs

- Gender-Based Violence
- HIV/AIDS
- Sexual and Reproductive Health
- Family Planning
- Maternal Health
- Fatherhood
- Violence Prevention
I AM A PARTNER in my community... ...I speak out on violence against women 365 days a year
I am a partner in my community... I always use condoms.
I AM A PARTNER
in my relationship...
...I do the cooking and washing while she rests
OUR STRENGTH
IS NOT FOR HURTING.

So we
GET TESTED
for our partners, our communities
and ourselves.

Show your strength. Know your HIV status.
Ecological Model to Create Social Change

Developing advocacy strategies to influence policies and programs that can contribute to gender equity

- Engaging leaders, community outreach, and mobilization
- Addressing social norms
- Providing community groups with information and education

Health System

- Training providers to understand gender & RH
- Working with providers and systems to offer male-friendly services

Creating a family environment that supports changed gender and social norms

Family

- Changing group norms through educational activities
- Increasing peer support for positive gender norms

Peers

- Changing individual knowledge, attitudes and skills

Individual

Community

Society

- Providing community groups with information and education
Implementing an Ecological Model

- Small group workshops
- Community Action Teams
- Community Events and Marches
- Supporting Local Institutions
- Fostering Coalitions and Networks
- Improving Health Services
- Campaigns
- Media Coverage
- Policies and legislation
Program Challenges

- Transformative programming requires significant time, effort, and support.
- Few examples of this work being taken to scale within the public sector.
- Very little work with men addresses broader socio-economic conditions.
- How can policies support men’s role in achieving gender equality?
- We have demonstrated individual change, but can we demonstrate societal change?
Questions of Evidence

- World Health Organization study on evidence-base of health programs targeting men and boys
  - Meta-analysis of 59 evaluated health programs targeting boys and men
  - Will be officially disseminated in May 2007
Ranking Criteria 1: Evaluation Design

**RIGOROUS**
Quantitative data with:
- pre and post test elements.
- control group or regression (or time series data).
- analysis of significance.
AND/OR
- Systematic qualitative data, with clear analytical discussion and indications of validity.

**MODERATE**
- Weaker evaluation design, which may be more descriptive than analytic.
- Quantitative data lacking one of the elements listed above
- May include unsystematic qualitative data.

**LIMITED**
- Limited quantitative lacking more than one of the elements listed above.
AND/OR
- Qualitative data with description only or process evaluation data only.
Ranking Criteria 2: Level of Impact

**High**
- Self-reported *behavior change* (with or without knowledge and attitude change) *with some confirmation, triangulation or corroboration* by multiple actors or stakeholders consulted (including community leaders, health professionals, women/partners).

**Medium**
- Self-reported *attitude* (with or without knowledge change) change among men (but no behavior change). May include some consultation with stakeholders or multiple actors.

**Low**
- *Knowledge change only* or unclear or confusing results regarding attitude and behavior change.

**Ongoing**
# Overall Effectiveness Ranking

**Effective**

<table>
<thead>
<tr>
<th>Design</th>
<th>Impact</th>
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<tbody>
<tr>
<td>Rigorous</td>
<td>+ High</td>
</tr>
<tr>
<td>Rigorous</td>
<td>+ Medium</td>
</tr>
<tr>
<td>Moderate</td>
<td>+ High</td>
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</table>

**Promising**

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<tr>
<td>Moderate</td>
<td>+ Low</td>
</tr>
<tr>
<td>Rigorous</td>
<td>+ Low</td>
</tr>
</tbody>
</table>

**Unclear**

<table>
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<tr>
<td>Limited</td>
<td>+ Low;</td>
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<tr>
<td>Very Low Impact</td>
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NB: Cannot score above “Unclear” if research design is limited
### OVERALL Effectiveness (all themes combined)

<table>
<thead>
<tr>
<th>Type of Intervention</th>
<th>n</th>
<th>Effective</th>
<th>Promising</th>
<th>Unclear</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group Education</td>
<td>20</td>
<td>-</td>
<td>11</td>
<td>9</td>
</tr>
<tr>
<td>Services-Based</td>
<td>8</td>
<td>2</td>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td>Community Outreach/Mobilization</td>
<td>8</td>
<td>6</td>
<td>2</td>
<td>-</td>
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<tr>
<td>Integrated (includes more than 1 of the above)</td>
<td>21</td>
<td>6</td>
<td>5</td>
<td>10</td>
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<tr>
<td><strong>TOTAL</strong></td>
<td>57</td>
<td>14</td>
<td>22</td>
<td>21</td>
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<tr>
<td></td>
<td></td>
<td>(24.5%)</td>
<td>(38.5%)</td>
<td>(36.8%)</td>
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</tbody>
</table>
Conclusion 1:
Majority of Programs Confirmed Attitude or Behavior Change with Men

- 37%
- 38%
- 25%

Legend:
- Effective
- Promising
- Unclear
Conclusion 2:
Gender Transformative Programs Were Even More Effective in Achieving Attitude or Behavior Change (n=27 programs)
Thank You

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EngenderHealth: www.engenderhealth.org

MenEngage: www.menengage.org