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E2A EVIDENCE TO ACTION
for Strengthened Reproductive Health



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INTERNATIONAL
Sexual and reproductive health
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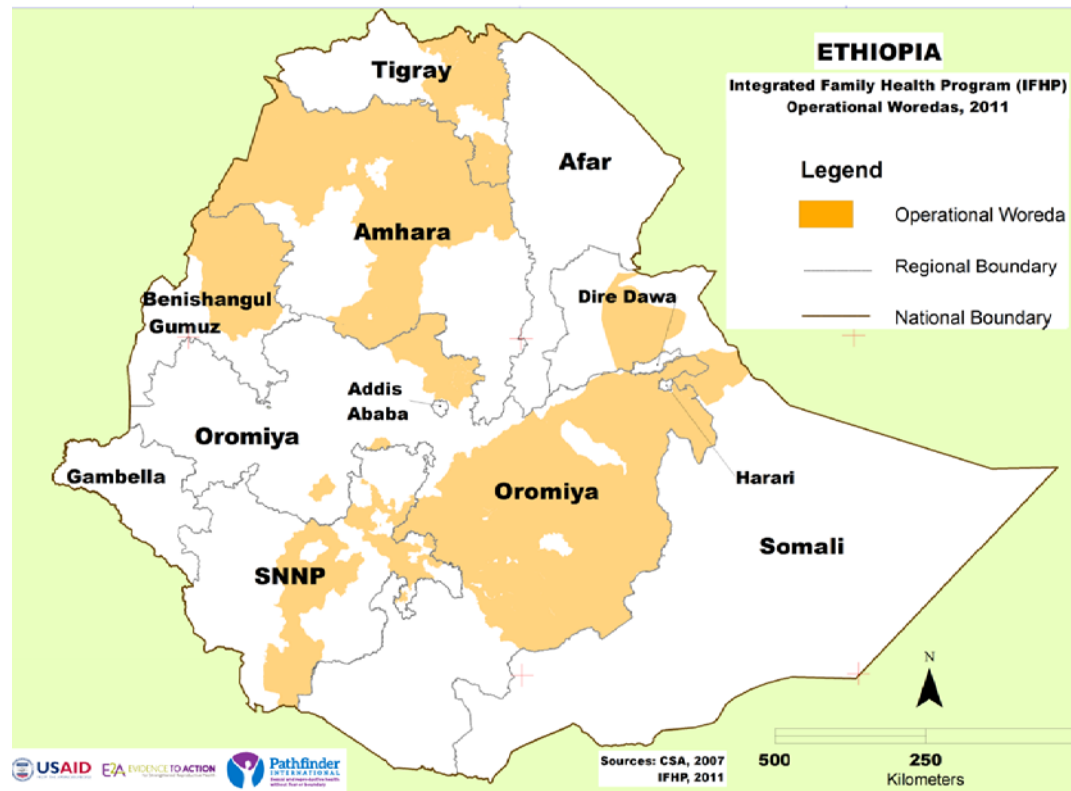
A background image showing a healthcare worker in a white lab coat and gloves assisting a woman in a pink shirt. The woman is holding a yellow cloth. The scene is set in a public health facility.

Addressing missed opportunities for long-acting family planning: postpartum intrauterine contraceptive device (PP- IUCD) services in public health facilities in Ethiopia

Dr. Mengistu Asnake,
Country Representative, Ethiopia

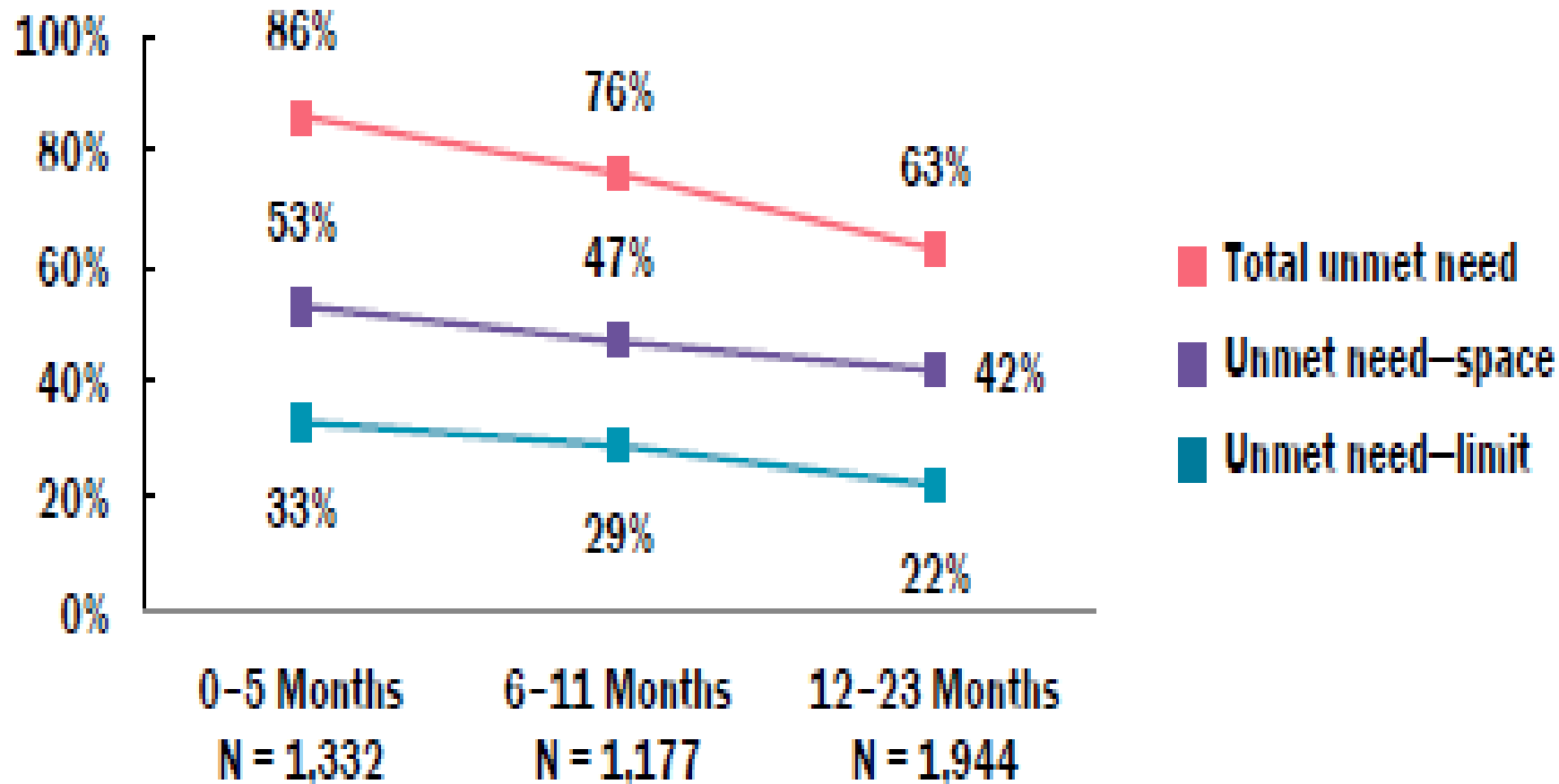
Background

- Contraceptive prevalence rate (**CPR**) in Ethiopia: **42%**
- Highly skewed towards **short acting** FP methods: **84%**
- **Long acting** and **permanent** FP methods: **6%** and **0.1%**, respectively





Unmet Need Across PP Period- EDHS 2011





Ministry of Health Initiatives

- 2009 Implanon scale-up (2009)
- 2011 IUCD scale-up (2011)



Methods/Approach

- **Integrated Family Health Program (now IFHP+)** started a 12-month PP-IUCD learning phase/pilot at 49 health centers in July 2013
 - Skills-based **training**: 150 clinical care providers
 - Provided necessary **equipment** and **supplies** to each trainee
 - Assigned **mentoring providers**
 - Conducted quarterly **performance review**
- Collected **data** on personal **characteristics** of the **women**

Results

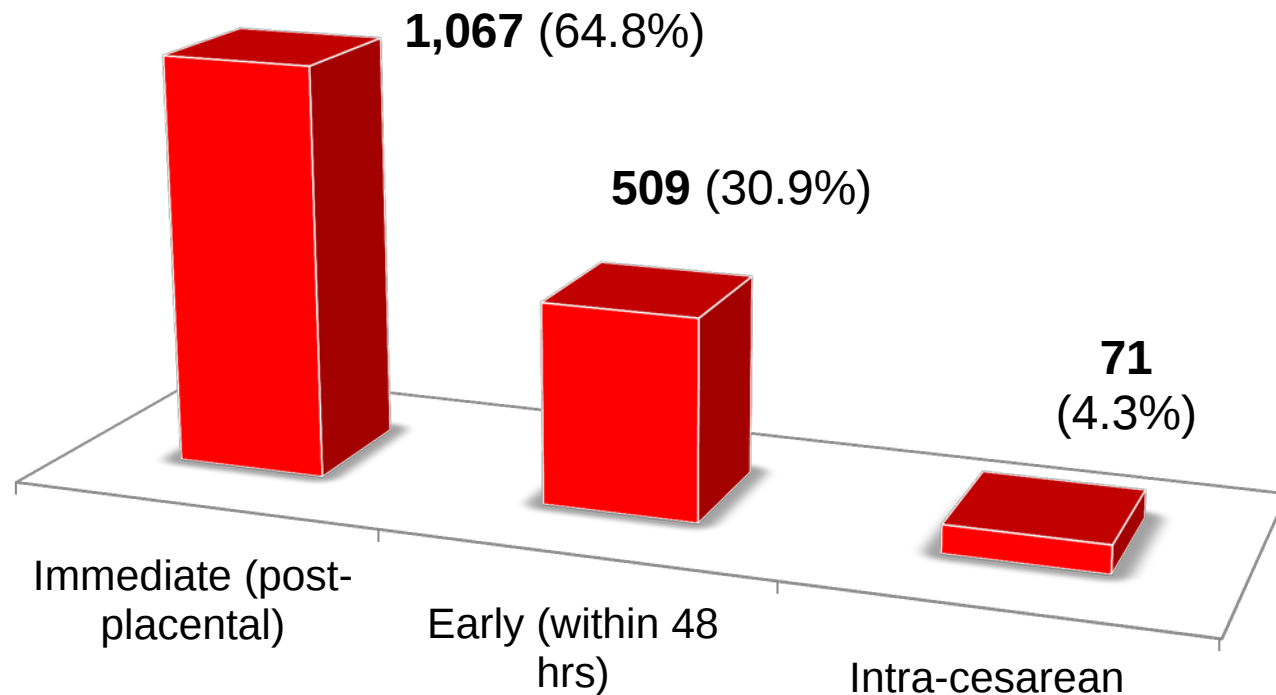
- IFHP+'s competency-based skills training and post-training logistics support allowed **services** to be **initiated immediately**.
- In the 12-month period:
 - 49 health centers attended **8,374** deliveries
 - **1,647** (19.6 %) women received the PP-IUCD





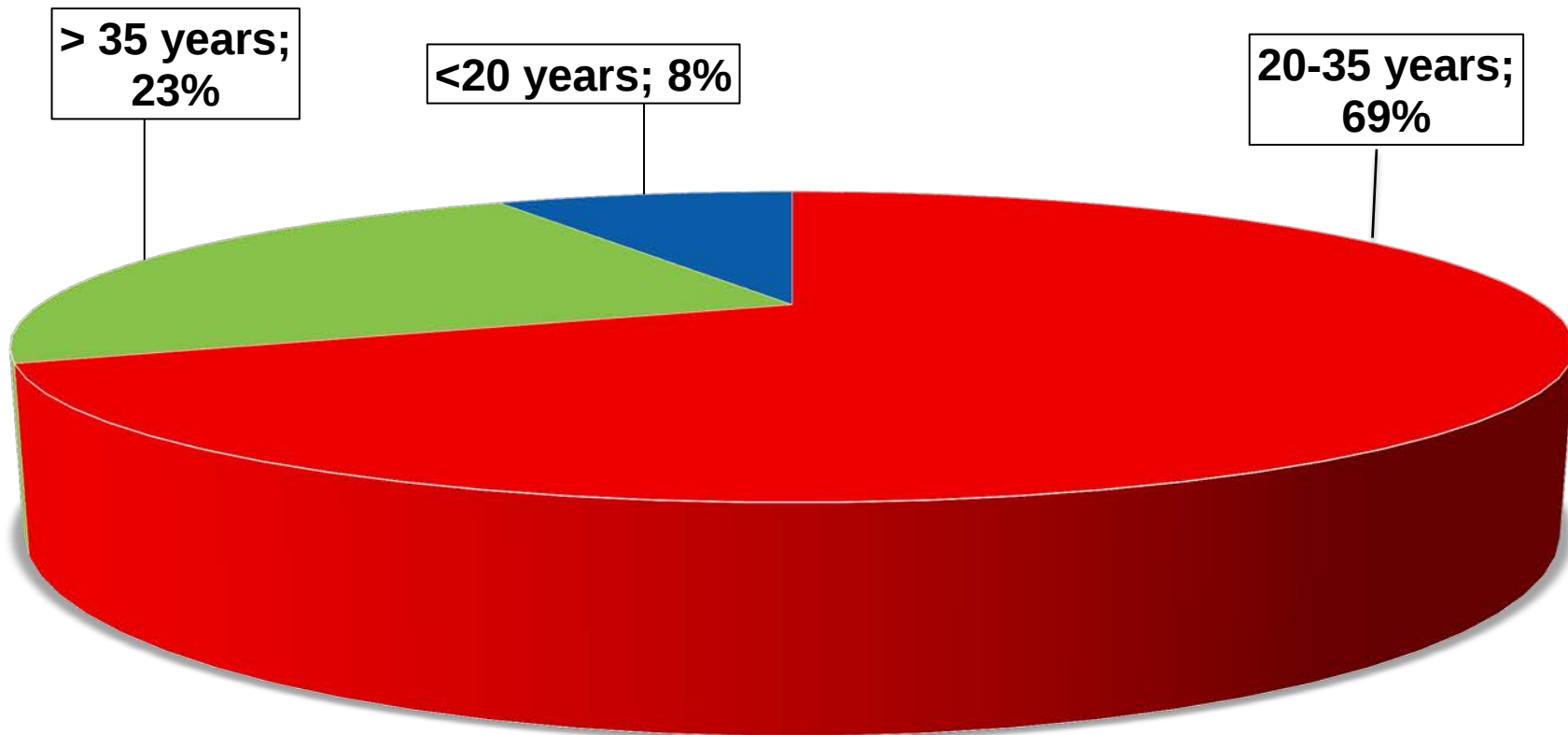
Results

Proportion of women who received PP-IUCD service by type of insertion, July 2013 - June 2014



Results

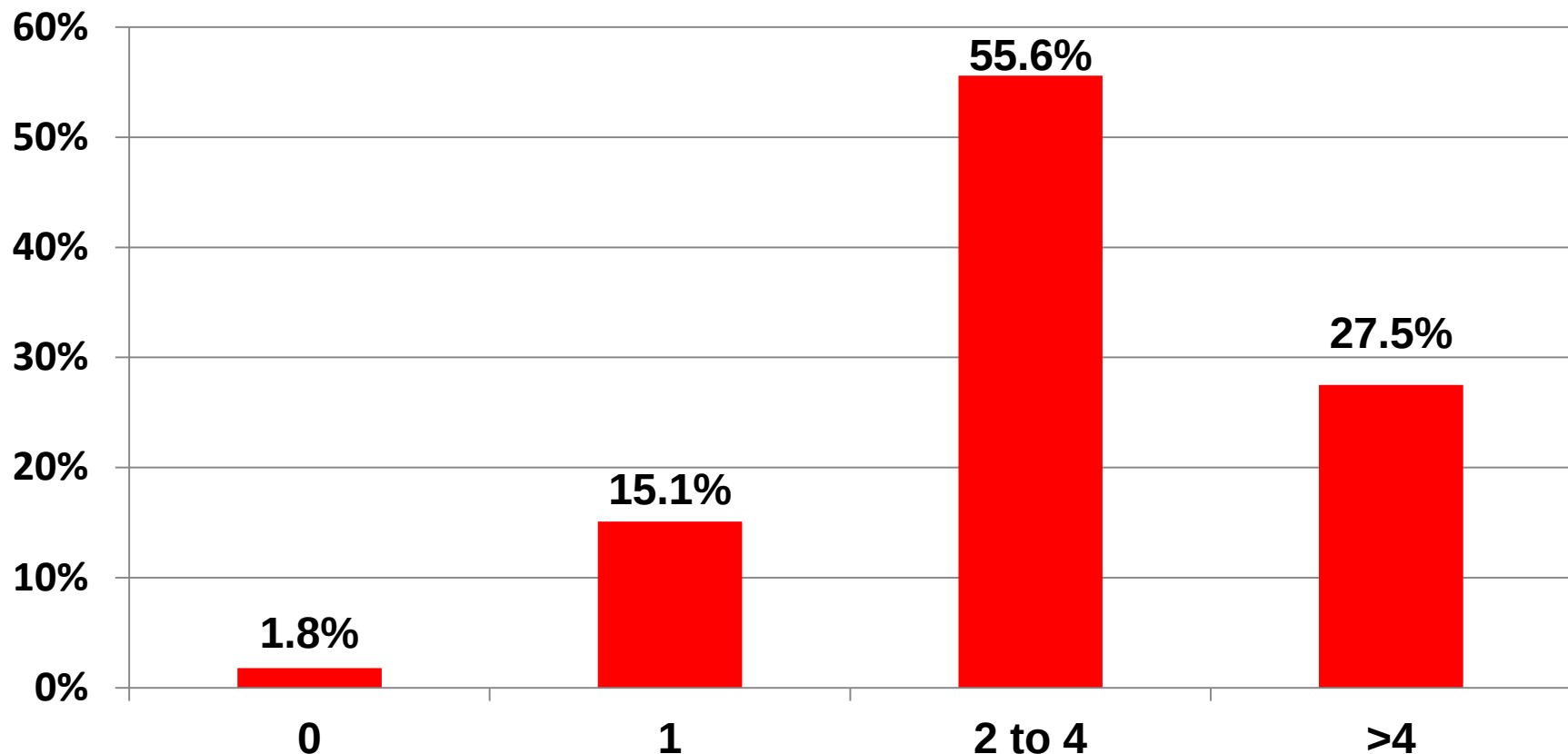
PP-IUCD Service Acceptors by Age Group, July 2013 - June 2014





Results

Number of living children among PP-IUCD service acceptors, July 2013 - June 2014



Results

- At **6-week follow-up** visits:
 - 25 (**1.5%**) expulsions were reported
 - Removal performed in 16 (**0.97%**) clients
- The main reason for **removal** was **increased vaginal bleeding**
- Another **21 clients** reported:
 - Minor abdominal **discomfort**
 - Increased vaginal **discharge**
 - **Headache**





Conclusions

- To avail/initiate the service **immediately after** the **training**:
 - **Skills-based** training and proper **mentoring** of clinical care providers
 - Provision of **PP-IUCD** insertion **kits** and **supplies**
- IFHP+ has **addressed** unmet **need** for **long-acting** contraception:
 - ↑ % of **acceptors**, **insignificant** removal and expulsion **rates**
- Possible to **avail PP-IUCD** services at **health centers** and ↑ postpartum contraceptive method mix, esp. for long-acting methods



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