



Aregash from Ethiopia. She finds time to volunteer at the local health clinic, distributing food aid to families in need, and teaching other mothers how to prevent pregnancy.



Aurea Edita from Peru. Her village relies on a river to sustain their livelihood—plants, animals, drinking water. The snowcaps surrounding her village have been melting over time, and there is little drinking water to begin with. Her children will have to suffer the coming changes. Once the ice is completely gone, so too goes their livelihood.

In Ethiopia, Fatima's family lost everything in the flood – including the stock of food they had been saving for the coming year. They now live with about 20 other families in a relocation camp of corrugated metal shacks covered with plastic tarps.





Radhika Poudel from Nepal. Her husband has sought work outside the village, which left Radhika to tend for the cattle, work in the fields, grow vegetables, and look after her two children.

